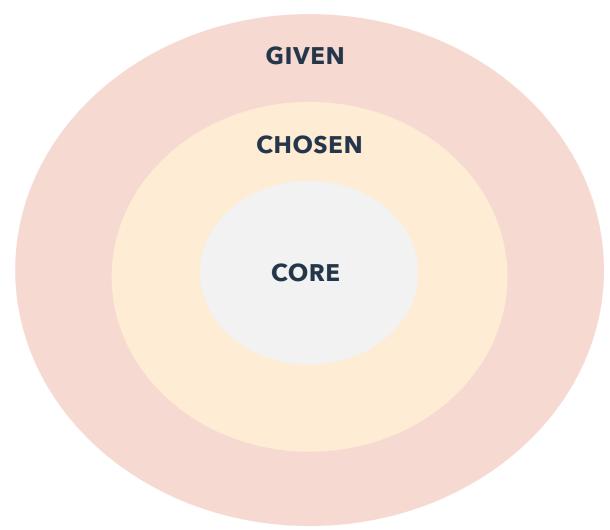


ACTIVITY

NAME



GIVEN IDENTITY (OUTER RING)

Which aspects of your identity were given to you? These are traits you have no control over. (e.g. birthplace, first language, age, etc.)

CHOSEN IDENTITY (MIDDLE RING)

Which aspects of your identity have you chosen? What is your spark? What brings you joy? (e.g. activities, where you live, friends, movies, food, and interests.)

CORE IDENTITY (CENTRAL RING)

How do you define yourself at your core? Who are you?