



Values

Select **10 values** from the list that are **most important** to you. If there is a value that is important to you that is not listed, you can write it in to add to your list of 10.

Accountability	Discipline	Hope	Purpose
Accomplishment	Diversity	Healing	Preparation
Adventure	Efficiency	Honor	Privacy
Authenticity	Empathy	Humility	Prudence
Achievement	Enjoyment	Independence	Reliability
Adventure	Enthusiasm	Ideals	Respect
Affection	Ethics	Individuality	Resourcefulness
Arts	Equality	Insight	Resilience
Beauty	Equity	Integrity	Safety
Belonging	Exploration	Intelligence	Satisfaction
Balance	Fairness	Intuition	Self-actualization
Caring	Faith	Joy	Selflessness
Consciousness	Family	Justice	Service
Community	Fidelity	Knowledge	Serenity
Compassion	Financial Security	Leadership	Stability
Connection	Fitness	Love	Spontaneity
Challenge	Freedom	Loyalty	Strength
Collaboration	Friendship	Merit	Teamwork
Commitment	Fun	Money	Truth
Consistency	Generosity	Nature	Tolerance
Cooperation	Goals	Order	Tradition
Creativity	Gratitude	Optimism	Trust
Competition	Growth	Opportunity	Understanding
Democracy	Health	Personal Development	Vision
Dependability	Helping Others	Pleasure	
Determination	Honesty	Power	