

THRIVE DURING YOUR SERVICE YEAR

Once you've figured out how to [#SurviveYourServiceYear](#), you can start to build habits that will help you [#thrive](#). Check out these resources to help you in your service year, your future career, and in your life outside of your work!

[OPTIONS FOR FREE & CHEAP CLASSES, EBOOKS, AND MORE!](#)

In your service year and in your careers afterwards, it's always a good idea to brush up on your skills or learn something new. Being a continuous learner will help you increase your ability to achieve success. This guide has recommendations for free or inexpensive online classes and other learning resources to help you keep you sharp!

[CLICK HERE FOR CONTENT](#)

[SELF-CARE + STRESS MANAGEMENT](#)

Though a service year is a valuable, life-changing experience, that doesn't mean it's always easy. Everyone has ups and downs while they're serving and encounters situations that are difficult to deal with. Learning to take care of yourself while you work through tough issues will let you thrive in your service year and prepare you for future success.

[CLICK HERE FOR CONTENT](#)

[LIFESTYLE](#)

Doing a service year and living on a budget doesn't have to stop you from having fun! Have fun on the cheap in your community by joining a fitness group, going to local events, and hosting potlucks with your service year friends.

[CLICK HERE FOR CONTENT](#)

[TELL YOUR STORY](#)

Being able to tell your story is a fundamental part of being human. We need to tell our story in interviews, to funders, to our family and friends, on social media, and in all life matters in order to achieve our goals. This resource walks you through the necessary components of telling a compelling story based on the public narrative model.

[CLICK HERE FOR CONTENT](#)

[POST SERVICE YEAR PREP](#)

Preparing for your next steps after service should start the moment that your service year begins. Use this handout to evaluate steps that you can take each month to make sure you're ready to hit the world running! (Note: This resource was created for programs, but we think that it could be helpful for any corps member to see and use as a guide for their own preparation!).

[CLICK HERE FOR CONTENT](#)

[GOAL SETTING](#)

Whether you have clear career plans or have no idea what you want to do with your life, showing that you set goals and achieved them during your service year will help you in your future. Use our guide to help you think big picture, practice SMART goals, and work with your supervisor and your team to make achieving your goals a breeze!

[CLICK HERE FOR CONTENT](#)